personal english



Topic of the Month #34 The Biological Clock







Many women who want to have a baby start to feel anxious and worried about their possibility to conceive around age 35: they feel like their biological clock is ticking, and they're running out of time. This is due to popular belief that fertility rates steeply decline after that age. But is this really the case? If you do some research, you'll find that fertility studies have very contradicting results. While many sources suggest a dramatic drop in fertility at around 35, this is unclear since studies are still cited from the nineteenth century and earlier. One 2004 study of European women found fertility of the 27-34 and the 35-39 groups had only a four-percent difference. With advancements in assisted reproductive technology and modern medicine, women can conceive and carry out a pregnancy much later in life than was once possible. And research isn't stopping: a team of scientists has even claimed to have reversed a woman's menopause five years after her periods stopped.

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